

## **ON-CAMPUS ACTIVITIES & EXTRACURRICULAR COURSES 2025**

	Week 1	Week 2	Week 3	Week 4		
Public Speaking	Tuesday 11:15- 13:15	Tuesday 11:15- 13:15	Tuesday 11:15- 13:15	Tuesday 11:15- 13:15	Using a combination of written words and improvised speech the students will learn new techniques through repetition and practical-based learning.  Session 1: Why is public speaking important, and how will I use it in my everyday life? We begin with building confidence and learning the basic techniques of how to use our voice and physicality in the correct way and with effect.  Session 2: Motivational Speaking and Sales Techniques. This class looks at how to use language and expression to connect and inspire an audience. We continue to build on our previous skills but find out how to add expression and change of pace to hold our audience's attention.	
	Thursday 11:15- 13:15	Thursday 11:15- 13:15	Thursday 11:15- 13:15	Thursday 11:15- 13:15	Session 3: Discussion & Debate. Students will work both individually and as part of a team to deliver their ideas clearly and concisely. We will learn how to express our opinions in a calm and charismatic manner whilst using our vocal skills to connect and influence an adelence.  Session 4: Self Presentation. The ability to talk about oneself confidently and effectively is great preparation for job interviews, university applications, and even business deals. Using all the skills they have learned previously, students are helped to write their own presentation and present it to the group.	
Social Media Marketing	Tuesday 8:45 - 10:45	Tuesday 8:45 - 10:45	Tuesday 8:45 - 10:45	Tuesday 8:45 - 10:45	This course offers an introduction to social media and its evolving role in today's society. It will explore the advantages of social media marketing and how well-executed campaigns can significantly enhance the visibility and success of businesses and brands. We will begin with learning the basics of marketing and learning the esserials that underpin any marketing strategy (not just via social media). Throughout the sessions, we will examine current trends and campaigns, analyzing the factors behind their success. Following an exploration of various marketing strategies, students will be tasked with designing their own strategy for a business of their choice. The course will also provide practical advice on creating compelling content, emphasizing the importance of having a solid strategic plan rather than simply focusing on content production. Students will have the opportunity to produce content on social media platforms of their choice, digning it with their devoleped marketing strategies. Additionally, the course will cover the complexities of social media algorithms and offer insights into how brands and individuals can monetize their presence on different platforms.	
	Thursday 8:45 - 10:45	Thursday 8:45 - 10:45	Thursday 8:45 - 10:45	Thursday 8:45 - 10:45		
FIlmmaking	Monday 11:15- 13:15	Monday 11:15- 13:15	Monday 11:15- 13:15	Monday 11:15- 13:15	In the first session, we discuss filmmaking in general, looking at various examples and genres. We then get the class to think about characterization and what makes a good story. Finally, we team them up into groups where they get creative and come up with 2-4 characters, thinking about their background, what makes them tick, personalities, etc. in the next lesson, we concentrate on the story. Whereby they work on coming up with a short plotline where the characters interact. We put a focus on a beginning, middle, and end, to create a chestive self-contained storyline. Then we start work on storybording the film, putting together the various shots that make the final film. Our next lesson is spent actually filming their script/storyboard, using all the things they elearned so far. Finally, they spend a session editing their films together on a PC and adding sound effects, before they gather together for a group presentation of their films.	
	Wednesday 11:15- 13:15	Wednesday 11:15- 13:15	Wednesday 11:15- 13:15	Wednesday 11:15- 13:15		
Hiking	Wednesday 15:30 - 17:30	Tuesday 15:30 - 17:30	Wednesday	Thursday	Vigorous walk on trails and/or footpaths in the countryside surrounding Ashwicke Hall.	
	Thursday 15:30 - 17:30	Wednesday 15:30 - 17:30	15:30 - 17:30	15:30 - 17:30		
BBQ & Ashwicke Stars	Friday 16:00 - 22:30	Friday 16:00 - 22:30	Friday  Ashwicke Stars: 16:00- 17:30  BBQ: 17:30- 22:30	Friday 16:00 - 22:30	In the BBQ sessions, campers will enjoy various fun games and activities, participate in sports competitions, eat delicious food, and much more.  Ashwicke Stars: Participating campers will have training and preparation sessions as of week 1.	
University Orientation	During one of the morning SAT sessions				2-Week Program July 7 - July 18 (SAT Prep & University Orientation)	2-Week Program July 21 - August 1 (SAT Prep & University Orientation)
	For the university orientational tour, please check the calendar				Session 1 - Introduction and Requirements Session 2 - Personal Statement and Application	Session 1 - Introduction and Requirements Session 2 - Personal Statement and Application
	Friday, July 11: Medicine Career Exploration with Saint George University					
	Friday, July 25: Career Exploration with Unifrog					
Swimming	Monday- Thursday Girls 19:00- 20:00 Boys 20:00 - 21:00	Monday- Thursday Girls 19:00- 20:00 Boys 20:00 - 21:00	Monday- Thursday Girls 19:00- 20:00 Boys 20:00 - 21:00	Monday- Thursday Girls 19:00- 20:00 Boys 20:00 - 21:00	Swimming activity is managed and supervised by our professional instructors.	
Debate Club		Thursday 19:30 - 21:30		Thursday 19:30 - 21:30	This club empowers campers and arms them with the skills they need to improve their public speaking skills. Campers can suggest other topics.  Campers should meet for two hours with the instructor for preparation.	
					Session 1 - Should Artificial Intelligence (AI) be allowed to make decisions without human intervention? For the motion: AI can process data faster and more accurately than humans, reducing errors and improving efficiency in areas like healthicane, transportation, and finance.  Against the motion: AI lacks human empathy and ethical judgment, which could lead to bissed or harmful decisions, expecially in sensitive areas like criminal justice or healthcare.	Session 2- Is social media doing more harm than good to society?  For the motion: Social media promotes addiction, cyberbullying, misinformation, and mental health issues, especially among young people.  Against the motion: Social media connects people globally, fosters communication, and provides a platform for education, activism, and positive social change.
STEAM	Monday- Thursday 19:00- 21:00	Monday- Thursday 19:00- 21:00	Monday- Thursday 19:00- 21:00	Monday- Thursday 19:00- 21:00	Campers will enhance their 21st-centuary skills through SABIS® STEAM Courses: 3D Printing, Drons, and Robotics	
Trivia		Thursday 20:00 - 21:30		Thursday 20:00 - 21:30	A fun and engaging activity where campers test their knowledge on a variety of topics.	

ports activities (football, basketball, trampoline, volleyball, squash, tennis, etc.) are available for campers from Monday to Thursday, between 14:00 - 18:00 and 19:00 - 21:30.

Chargeable activities (horseback riding, tennis coaching, and music lessons) are scheduled for campers from Monday to Thursday, between 14:00 to 20:30.

Cycling Club: Monday to Thursday between 13:30 - 18:00 and 19:00 - 21:00. Campers will take rides on the bicycles and explore the gardens and the woods of Ashwicke Hall.